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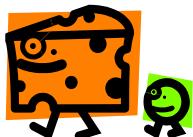
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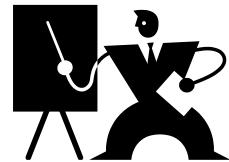
Welcome from Brian



As ever, a very warm welcome to all our members. Only a couple of months have passed since the last newsletter but here we have your next edition, packed with information.

Neil Haldar Evening

We had a very enjoyable and thoughtful evening at Stoke Mandeville with Neil Haldar, a consultant Urologist many of you will know. Some 25 members and partners attended. Neil briefed the group on latest developments in prostate cancer diagnosis and treatment, and there followed a very interesting Q&A session, including the question what does he plan to do when robots have taken over surgery! Thanks to Brian and Hazel for organising refreshments and to Joe for setting everything up, and supplying car parking tokens! For those of you wishing to refer to the material Neil Haldar used in his presentation there is a slide pack attached to this newsletter.



Thame Show Report



The sun shone and the breeze blew our banners and new gazebo strongly, the crowds came in and our volunteers were at the ready. This was the Thame and Oxfordshire Show which has now reverted to its original September date. Our stand was well positioned near the country events ring and attracted a lot of enquiries. One man specifically came over to thank us saying that he had spoken to one of our members last year, was advised to have a PSA test with his GP, which resulted in being positive. He had been treated and was now clear and wished to pass on his deep thanks. Each one of our representatives reported serious conversations with both men and their partners. Hundreds of our small handy



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leaflets were distributed and some £28 was received in donations. A very worthwhile event to spread awareness and the huge pork burgers were delicious. Thanks to all who helped on the day.

Members News

We welcome Peter Davis, a new member from Saunderton, introduced by Michael Brisley. Peter hopes to join us at our next meeting on 27th. Don't forget – if you hear of potential new members or recently diagnosed patients wanting to talk to someone please contact Brian or Roger.

Local Group News

4th FOPS
Prostate Roadshow

FREE PSA TEST
RETEST FOR AMBERS AND REDS - DONATION PLEASE

AT
THE JUNCTION, CHRISTCHURCH
MONDAY 6TH OCTOBER
CHORLEYWOOD FROM 6.30pm

THE PERILS OF THE PROSTATE
A presentation with full audience participation by
FOPS Consultant Urologists Mr Alvan Pope and Mr Julian Shah
Free PSA Testing and Retests for high PSA values with individual
consultations by our Consultant Urologists.
SNACKS DONATED BY THE PEPPERMILL OUR SPONSOR.
DRINKS PROVIDED BY OUR SPONSORS THE ROSE AND CROWN
MUSICAL INTERLUDE DURING THE INTERVAL BY FOPS MUSICIANS.

MONDAY 6TH OCTOBER

To reserve your place either email
info@thefops.org.uk or call
Jim 01923 282199 Chris 01895 824672
or Bob 01923 282105

RECOGNISED AS A CHARITY BY HMRC
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THERE ARE NO STRANGERS HERE - ONLY FRIENDS WHO HAVEN'T YET MET

FOPS
Friends of Prostate Sufferers
www.thefops.org.uk
HEIGHTENING PROSTATE AWARENESS & BEFRIENDING PROSTATE SUFFERERS

It's rather short notice but next Monday 6th October our adjacent support group in Chorleywood, FOPS (Friends of Prostate Sufferers) are holding their annual Prostate Road Show at Christ Church in Chorleywood. This is an opportunity for local consultant urological surgeons, Alvan Pope and Julian Shah, to address an invited audience on prostate problems. There is also the opportunity for men to have a PSA test. The testing is done by the Chorleywood Chemists on the night. It's a fun evening and if you know anyone who would like their PSA test carried out, please encourage them to come along.

Health & Wellbeing Event

The Cancer Education, Information and Support Service, Cancer Care and Haematology Unit at Stoke Mandeville Hospital will be hosting a Health and Wellbeing Information Day on Wednesday 19 November 2014 for anyone living with cancer, patients, relatives/carers and friends within the Buckinghamshire Healthcare NHS Trust. The event will be held at the Stoke Mandeville Stadium, Stoke Mandeville from 10am to 3pm. We will have a AVPCSG stand at this event. If anyone is able to help man the stand please contact Brian.

Movember

**IT'S THAT TIME OF YEAR
AGAIN! MOVEMBER IS
UPON US.**



WE MEET AGAIN

You have the invaluable ability to spread the word about Movember, to use your Mo to spark conversations around men's health and to look bloody awesome doing it. This is the power that each and every Mo Bro has. Stand up and grab it with both hands.

We're connecting and funding the best scientific and clinical minds in the world; fast tracking a time when no man will die from prostate or testicular cancer, and to rid the world of discrimination against men and boys with mental health problems.

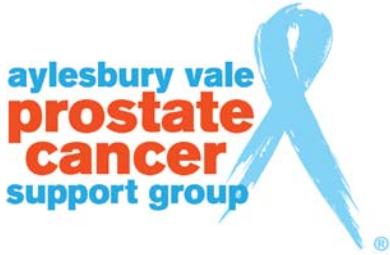
Continue to help us change the face of men's health by heading over to [Movember.com](#) and signing up for 2014.

Let's do this.

Milton Keynes Update



We are very pleased to say the establishment of a support group for Milton Keynes is a step closer. John Hazell from our group attended a meeting in Milton Keynes earlier this month and now the group want to establish a committee, agree future meetings and adopt a constitution. We have passed on details to help them get started and John will act as liaison with the new group, in the same way that Bruce operates with the Chiltern group. Many thanks to John for agreeing to help.



Newsletter

Federation News

The Federation (Tackle) has announced a series of Regional Conferences in October/November. This is in place of a single national conference, where we find many members from the regions are unable to attend. Four conferences have been arranged in Bristol, Birmingham, Manchester and London. We will be sending a couple of AVPCSG member representatives along to the conference in London on Tuesday 25th November. If anyone would like to join Brian, please let him know. The conference will be addressing Tackle future strategy, early detection, advanced Prostate Cancer care, and there will be an open session for Q&A with Professor Mark Emberton, one of the leading lights in Prostate Cancer treatment from UCL.



Sex after Prostate Cancer!

For anyone that is interested, there is the offer of being interviewed (and filmed!) about sex after Prostate Cancer. This is not the subject for everyone but just in case someone would like to participate the contact details are below.....

From: Kartoffel Films Production [<mailto:projects@kartoffelfilms.com>]
Sent: 17 September 2014 15:46
To: Prostate Cancer Support Federation
Subject: Hello

*To whom it may concern,
I am emailing you in the hope that you will be able to assist us at Kartoffel Films.
We are going to be making a short film on behalf of Macmillan Cancer, about sex after cancer.
We are looking for a variety of people to feature in the film and in particular would be interested in finding a heterosexual man, who has gone through this experience - had cancer and the way it may have affected his sex life and how he has dealt with this. This is a very personal and intimate topic of discussion, so we are looking for people who are confident with talking about their experiences.
This video will be created to serve as a supportive video for those going through similar experiences.
It would be great if you could support us in any way - even if it is just pointing us in the right direction to find a suitable person.*

*Your time and help is greatly appreciated.
Look forward to hearing from you.
Kind regards,
Clare Welch - Production Co-ordinator*

T +44 20 7112 8331



KARTOFFEL
FILMS

Music Festival 2015



Roger was contacted by a member of Berkhamsted Rotary, through our work with the Hospice of St. Francis, to ask if we would like to be the beneficiary of a musical concert being arranged for 26th June 2015 at the Centenary Hall of Berkhamsted School. Rotary have decided to choose AVPCSG as their charity for the event and we are very pleased to be involved and help where we can. There will be a lot of planning involved but make a note in your diary now for next year! It will feature young local musical talent and artists from Tring Park School for the Performing Arts, as well as Joe's son's rock band "Haze". Look out for more information.

Future Events

Our next lunch meeting is scheduled for **Monday 27th October** at our normal venue of Thame Football Ground. At this meeting we will be having a short presentation from www.inheritancewills.co.uk. This may be useful for those members thinking about inheritance planning. A reminder will be going out nearer the time.

We are planning a fun and informal quiz evening for members and partners to include a fish and chip supper at the Chandos Arms in Western Turville on **Tuesday 11th November**. Look out for further details!

Make a note now in your diary for the return of Brian and Hazel's legendary Christmas lunchtime party on **Wednesday 17th December**. An event not to be missed (with partners of course).

A handwritten signature in black ink that reads "Brian".

Brian Cole

Chair, Aylesbury Vale PCSG

A handwritten signature in black ink that reads "Roger".

Roger Wotton

Sec., Aylesbury Vale PCSG